Stanislaus Kim Duyst Invitational
Friday-Saturday, March 4-5, 2016
Al Brenda Track at Warrior Stadium, Stanislaus State

The following information is provided as a lead up to the Kim Duyst Invitational hosted by Stanislaus State. Please be sure to check back at www.WarriorAthletics.com/TrackMeets for updated information prior to the meet.

Facility Specifications:
The Al Brenda Track features a Rekortan M99 polyurethane 42 inch eight-lane track with polyurethane runways and javelin approach. Only quarter inch (1/4”) pyramid spikes or smaller with no stacked spikes allowed on these surfaces.

Long and Triple Jump runways: north-south direction, 228 feet in length; removable wooden boards are placed at: 10 ft., 36 ft., and 44 ft.

Pole Vault runways: changeable to either north south direction, 140 feet in length

Javelin runway: throwing north, 133 feet in length

Steeple Approach: infield approach adjacent to 200m start

Shot Put and Discus: Warrior stadium features brushed concrete discus and shot rings in both the stadium infield and west field behind the bleachers.

Hammer Throw: brushed concrete ring located in the west field

Event Schedule:
Both Friday and Saturday field events begin at 10:00am, with all track events contested on Saturday with short race preliminaries beginning at 11:00, and event finals at 12:05. Refer to attached schedule for preliminary event schedule. The final time schedule will be posted March 3 after the review of entries. The preliminary heats of the 100H/110H and 100 meter dash will be seeded randomly with the heat winners and next fastest time(s) taken to fill an 8 lane Final. In the throws and horizontal jumps all competitors will be afforded three (3) initial attempts, with the top eight (8) competitors awarded an additional three (3) attempts. There will be a 54 competitor per event limit. Any competitors not confirmed in the published performance lists will be placed on an alternate list and moved up as space allows during the meet. Track events (excluding the 100/110m hurdles and 100m dash) will be timed finals with heats seeded by entry mark.

Entering athletes into the meet:
Please utilize the entry procedures on DirectAthletics. Click on this direct link: https://www.directathletics.com/meets/track/42623.html. Entries close on Wednesday, March 2 at 7:00 p.m.
For your records, make sure you make a 'printable copy' of your entries before you log-off. Entries not posted by this time are not entered into the meet. You may only make last-minute scratches upon arrival at the meet. Please note that NCAA rule 4.1 prohibiting the use of false marks will be followed. Meet day entries will not be accepted.

Entry-Performance Lists:
Entry-Performance lists for this meet will be tentatively posted Thursday, March 3, after 9:00 pm at: www.WarriorAthletics.com/TrackMeets

Entry Fees:
Individual-unattached athlete payment procedures: Entry fee is $15.00 per event. Payments must be paid with a credit card at time of entry on the DirectAthletics.com website, and are subject to a $3.00 handling fee.

University-College team payment procedures: Collegiate team entry fee is $15.00 per athlete, with a cap of $300.00 per team, per gender with a $600.00 school maximum entry fee. Payment or proof of purchase order is necessary to compete. Please make checks payable to: Stanislaus State Track and Field.
Payments can be sent in advance to Track & Field, Stanislaus State Athletics, One University Circle, Turlock, CA 95382. Payment also accepted on day of the meet at the team check-in gate/tent.
Restrooms and Changing Facilities:
Restrooms are located behind the stands. There are locker rooms located 300m southwest of the stadium in the Fitzpatrick Arena. Please supply your own towel, soap and lock. Stanislaus State is not responsible for your valuables left in the locker rooms or in the stadium.

Parking:
Free spectator parking is available in the lots adjacent to the stadium on event day only (Lots 7, 8 and 10). School vans and buses should pick-up and drop-off in front of the stadium on Merced Way. Vans should park along the curb designed for team parking only. Buses must park in the gravel lot (11a) off Melones Dr. Please refer to campus map at www.warriorathletics.com/Maps

Implement Weigh-Ins:
Throwing implements will be weighed in underneath the stands across from the throwing ring Saturday beginning at 8:30 a.m. and closing at 1:00 p.m. Hammers and javelins that need to be weighed for qualifying marks will be impounded after Friday's competition and inspected Saturday afternoon.

Athlete Team Areas:
Please no team tents at the top of the stands. Teams are requested to set team areas up to the north of the stands on the grassy areas north and east of the track/as well as behind the scoreboard. No non-competing athletes or coaches will be allowed on the infield at anytime, and everyone is asked to stay off the grass infield at all times.

Athletic Trainer:
The Stanislaus State trainers will have limited training services available at the meet for any ice or emergency care that your athletes may require. Please supply your own tape for any routine taping treatments. Please contact head trainer Dake Walden, 209.664-6838, should you have athletes will specific needs and for additional training room/staff information.

Results:
Results will be posted on www.WarriorAthletics.com/TrackMeets and submitted to DirectAthletics as soon as possible after the conclusion of the meet. No results will be emailed directly to media, coaches and institution staff unless otherwise requested. Please contact Hung Tsai, Assistant Athletics Director, at htsai@csustan.edu.

Concessions:
Concessions are scheduled to be open during this meet for your convenience. Togo's of Turlock will provide a 20% off team order discount. To pre-order for Saturday call 209-667-5000. Delivery is available upon request. Togo's will accept day of orders just note the earlier the better for prompt delivery.

Further information:
If you require further information on meet entries and meet administration, contact Troy Johnson at tajohnson@csustan.edu, or 209. 664-6839.

We look forward to hosting you at Stanislaus State!
Stanislaus Kim Duyst Invitational
Friday-Saturday, March 4-5, 2016
Al Brenda Track at Warrior Stadium, Stanislaus State

Meet Schedule
(as of 25 January, 2016)

Track Events (all Sat. March 5)
Event start times to be confirmed week of meet
11:00a Women's 100m Hurdle prelims
11:15 Men's 110m Hurdle prelims
11:35 Women's 100m Dash Prelims
11:50 Men's 100m Dash Prelims
12:00 National Anthem
12:05 Women's 3000 Meter Steeplechase
12:30 Men's 3000 Meter Steeplechase
12:50 Women's 4x100 Meter Relay
1:00 Men's 4x100 Meter Relay
1:10 Women's 1500m Run
1:30 Men's 1500m Run
1:50 Women's 100 Meter Hurdles Finals
2:00 Men's 110 Meter Hurdles Finals
2:10 Women's 400 Meter Dash
2:25 Men's 400 Meter Dash
2:45 Women's 100 Meter Dash Finals
2:50 Men's 100 Meter Dash Finals
2:55 Women's 800 Meter Dash
3:10 Men's 800 Meter Dash
3:25 Women's 400 Meter Hurdles
3:35 Men's 400 Meter Hurdles
3:50 Women's 200 Meter Dash
4:05 Men's 200 Meter Dash
4:25 Women's 5000m Run
5:05 Men's 5000m Run
5:45 Women's 4x400 Meter Relay
5:55 Men's 4x400 Meter Relay

Field Events – Friday, March 4
10:00am - Women's Hammer*
12:00noon - Men's Hammer*
2:00pm Women's Javelin*
4:00pm Men's Javelin*

Field Events – Saturday, March 5
After 10:00 a.m. start time, all subsequent field events will follow a rolling schedule in event order noted below. Subsequent times are to serve only as a guide.

10:00 am
Women’s Shot Put**
Women’s Long Jump

11:00 am
Men’s High Jump
Women’s Pole Vault

12:00 noon
Men’s Shot Put**
Women’s Discus Throw*
Men’s Long Jump

1:00 pm
Women’s High Jump
Men’s Pole Vault

2:00 pm
Women’s Triple Jump
Men’s Discus Throw*

3:00 pm
Men’s Triple Jump

*Contested on the west field
**Contested in the stadium infield